

Covered Bridge Cafeteria Menu

FALL / WINTER MENU



1

October 12 - 18, 2015

[Guiding Stars®](#) is an easy to use nutrition navigation system that helps you find foods with more nutrition by looking for special shelf tags while you decide on your meal



This product made with Locally Raised Grass Fed Beef from Miles Smith Farm



Open Mon - Fri 6AM to 11:30 PM Sat & Sun 6 AM to 9:30 PM

Green = Vegetarian Entree

Lunch served 11:00 AM to 1:30 PM. Dinner served 4:00 PM to 6:30 PM

Green = Vegetarian Entree, # THIS MEAL IS MADE WITH TURKEY PRODUCTS,

Lunch – Monday, October 12, 2015 Columbus Day	Dinner - Monday, October 12, 2015 Columbus Day
<p>KETTLE CUISINE SOUPS Check the Bridge for Daily Menu</p> <p>ENTREES Chicken & Dumplings \$2.70 Orange Glazed Pork \$3.35</p> <p> Whole Wheat Penne Pasta With Turkey Meat Sauce \$2.90</p> <p>SIDES \$1.00 Winter Squash, Harvest Vegetable Rice Pilaf Cinnamon Applesauce, Chef Special</p> <p>AT THE GRILL Judy's Apple Walnut Turkey Sandwich \$3.60</p>	<p>KETTLE CUISINE SOUPS Check the Bridge for Daily Menu</p> <p>ENTREES Lemon Rice Stuffed Sole \$3.85</p> <p> Italian Style Marinated Chicken \$3.20</p> <p>SIDES \$1.00 Sugar Snap Peas, Oven Roasted Fall Vegetables, Prince Edward (green bean, wax bean, carrots) Mozzarella Stuffed Garlic Bread Stick</p> <p>AT THE GRILL Judy's Apple Walnut Turkey Sandwich \$3.60</p>
Lunch - Tuesday, October 13, 2015	Dinner - Tuesday, October 13, 2015
<p>KETTLE CUISINE SOUPS Check the Bridge for Daily Menu</p> <p>ENTREES Bread Bowl Day</p> <p> NEW Sloppy Joe Bowl \$4.50  Homemade Seafood Newburg \$5.55</p> <p> Spaghetti With Marinara \$2.70</p> <p>SIDES \$1.00 Wax Beans, Sugar Snap Peas, Chef Special,</p> <p>AT THE GRILL Italian Grilled Cheese \$4.05</p>	<p>KETTLE CUISINE SOUPS Check the Bridge for Daily Menu</p> <p>ENTREES Bread Bowl Day</p> <p> NEW Sloppy Joe Bowl \$4.50  Homemade Seafood Newburg \$5.55</p> <p>SIDES \$1.00 Mashed Potato, Cauliflower, Spinach, Garlic Bread Stick \$0.70</p> <p>AT THE GRILL Italian Grilled Cheese \$4.05</p>
Lunch - Wednesday, October 14, 2015	Dinner - Wednesday, October 14, 2015
<p>KETTLE CUISINE SOUPS Check the Bridge for Daily Menu</p> <p>ENTREES Sweet Potato Burrito \$2.75 Tuna Noodle Casserole \$2.75</p> <p> Breaded Boneless Pork Chop \$3.60</p> <p>SIDES \$1.00 Broccoli Polonaise, Brown Rice, Baby Carrots, Beets</p> <p>AT THE GRILL NEW Chicken And Hummus Wrap A layer of roasted red pepper hummus topped with fresh spinach, grilled chicken fajita strips, and feta cheese crumbles, rolled in a spinach tortilla wrap \$4.25</p>	<p>KETTLE CUISINE SOUPS Check the Bridge for Daily Menu</p> <p>ENTREES Baked Haddock \$2.70</p> <p> American Chop Suey Turkey \$2.70</p> <p>SIDES \$1.00 Wax Beans, Roasted Red Potatoes, Fresh Steamed Broccoli Florets Garlic Bread Stick \$0.70</p> <p>AT THE GRILL NEW Chicken And Hummus Wrap A layer of roasted red pepper hummus topped with fresh spinach, grilled chicken fajita strips, and feta cheese crumbles, rolled in a spinach tortilla wrap \$4.25</p>



October 12 - 18, 2015

Lunch served 11:00 AM to 1:30 PM. Dinner served 4:00 PM to 6:30 PM.

Lunch - Thursday, October 15, 2015	Dinner - Thursday, October 15, 2015
<p><u>KETTLE CUISINE SOUPS</u> Check the Bridge for Daily Menu</p> <p><u>ENTREES</u> Apple & Raisin Stuffed Pork Chop with Gravy \$3.60 Teriyaki Chicken Tenders \$3.30</p> <p> Baked Salmon In Wine Sauce With Sage \$4.40</p> <p><u>SIDES \$1.00</u> Oven Roasted Fall Vegetables, Mashed Potatoes Spinach, Chef Special</p> <p><u>AT THE GRILL</u> NEW Soft Chicken Taco \$4.40</p>	<p><u>KETTLE CUISINE SOUPS</u> Check the Bridge for Daily Menu</p> <p><u>ENTREES</u> Homemade Buffalo Chicken Macaroni And Cheese \$2.90</p> <p> Baked Pork Chop With Garlic Onion Gravy \$3.35</p> <p><u>SIDES \$1.00</u> Mashed Potatoes, Sugar Snap Peas with Mushrooms, Cauliflower</p> <p><u>AT THE GRILL</u> NEW Soft Chicken Taco \$4.40</p>
Lunch - Friday, October 16, 2015	Dinner - Friday, October 16, 2015
<p><u>KETTLE CUISINE SOUPS</u> Check the Bridge for Daily Menu</p> <p><u>ENTREES</u> Country Apple Chicken \$3.20 Beef Pot Pie \$2.70</p> <p> Tomato Cilantro Haddock \$3.60</p> <p><u>SIDES \$1.00</u> Sugar Snap Peas, Mashed Sweet Potatoes, Garden Blend Crumb Topped Mushrooms- \$1.15</p> <p><u>AT THE GRILL</u> NEW Krabby Patty Sandwich 2 crab cakes stuffed with homemade tartar sauce and served with lettuce and tomato on a burger roll \$4.25</p>	<p><u>KETTLE CUISINE SOUPS</u> Check the Bridge for Daily Menu</p> <p><u>ENTREES</u>  Balsamic Chicken Breast \$3.10 Autumn Pork Stew \$3.25</p> <p><u>SIDES \$1.00</u> Rice Florentine, Broccoli, Wax Beans</p> <p><u>AT THE GRILL</u> NEW Krabby Patty Sandwich 2 crab cakes stuffed with homemade tartar sauce and served with lettuce and tomato on a burger roll \$4.25</p>
Lunch - Saturday, October 17, 2015	Dinner - Saturday, October 17, 2015
<p><u>KETTLE CUISINE SOUPS</u> Chef's Choice</p> <p><u>ENTREES</u> Chicken Pot Pie \$2.70</p> <p> Whole Wheat Penne With Vegetable Turkey Meat Sauce \$2.90</p> <p><u>SIDES \$1.00</u> Whole Grain Brown Rice, Broccoli, Carrots, Garlic Bread Stick- \$.70</p> <p><u>AT THE GRILL</u> Meatball Sub \$3.45</p>	<p><u>KETTLE CUISINE SOUPS</u> Chef's Choice</p> <p><u>ENTREES</u> Fall Harvest Maple Chicken \$3.20</p> <p><u>SIDES \$1.00</u> Mashed Potato, Sugar Snap Peas</p> <p><u>AT THE GRILL</u> Meatball Sub \$3.45</p>
Lunch - Sunday, October 18, 2015	Dinner - Sunday, October 18, 2015
<p><u>KETTLE CUISINE SOUPS</u> Chef's Choice</p> <p><u>ENTREES</u> Chef Special</p> <p> Breaded Baked Chicken With Gravy \$3.35</p> <p><u>SIDES \$1.00</u> Peas, Cauliflower, Rice Pilaf</p> <p><u>AT THE GRILL</u> Turkey Meltdown \$3.45</p>	<p><u>KETTLE CUISINE SOUPS</u> Chef's Choice</p> <p>Tuna Noodle Casserole \$2.75</p> <p><u>SIDES \$1.00</u> Carrots, Broccoli</p> <p><u>AT THE GRILL</u> Turkey Meltdown \$3.45</p>