



Concord Hospital Center for Urologic Care offers specialized diagnostic and treatment programs together with a complete range of fully integrated urologic care for men and women. Our expert team of urologic physicians and surgeons has provided the most advanced care and treatment options since 1960.

Through our **Prostate & Urologic Cancer Program**, in partnership with Concord Hospital Payson Center for Cancer Care, our team of accomplished urologists provides a comprehensive, multi-disciplinary approach to the diagnosis, treatment, and management of disorders and diseases of the prostate.

- High definition, robotic-assisted laparoscopic surgical technology
- Comprehensive management of all urologic cancers (including kidney, bladder, and testicular)
- Dedicated and experienced radiation and medical oncologists
- Minimally invasive procedures including cryotherapy
- Complex surgical procedures
- Clinical research trials and expansive support services
- Multidisciplinary meetings to discuss patients recently diagnosed with prostate cancer.

The Concord Hospital Center for Urologic Care integrates highly skilled medical staff and services for cancer screening, prevention, radiation therapy, medical oncology, surgery, and support. In addition we also offer:

- **Kidney Stone Treatment & Prevention Program**, a comprehensive stone management program with an emphasis on minimally invasive surgery and complete medical, dietary and metabolic stone disease management.
- **Pelvic Medicine & Continence Program**, a comprehensive multidisciplinary approach for the treatment of urologic conditions commonly found in women.

Concord Hospital Center for Urologic Care

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FREQUENTLY ASKED QUESTIONS

PROSTATE CANCER AND DA VINCI ROBOTIC-ASSISTED SURGERY

Concord Hospital Center for Urologic Care provides a complete, multi-disciplinary approach to the management and treatment of a full range of urologic cancers. Integrating urological, medical oncology, and radiation oncology services in conjunction with state-of-the-art technology, our highly trained physicians and surgeons consistently provide the highest standards of care and treatment.

- Skilled urologists and surgeons specifically trained in treating cancer of the prostate kidney, bladder, and testes
- Exceptional radiation and medical oncologists utilizing the most advanced technology and medical treatment options
- Group and individual counseling and support staff

WHAT IS PROSTATE CANCER?

Prostate cancer occurs in the prostate, the male sexual gland located below the bladder, when abnormal cells grow out of control. It's the leading type of cancer in men.

A Curable Disease When Detected Early

- The overwhelming majority of patients survive prostate cancer when it's detected in early stages
- If you're 50 or older, you should discuss screening with your primary care physician. schedule a screening African-American men, and those with fathers and brothers with prostate cancer, should seek annual screening at age 40

WHAT ARE THE SYMPTOMS OF PROSTATE CANCER?

Men typically have no symptoms that would indicate the presence of a cancer in their prostate gland.

As you advance in age, you may experience weak or interrupted urine flow, difficulty starting the flow, or an increased frequency of urination; these symptoms are related to simple prostatic enlargement.

HOW DO I KNOW IF I HAVE PROSTATE CANCER?

Screening involves a simple digital rectal exam and prostate specific antigen (PSA) blood test. Your doctor will follow up on any abnormal findings with a short, ultrasound-guided biopsy procedure. These screening results, considered with your age, health, and personal preferences, help determine various treatment options

WHAT ARE MY OPTIONS IF I HAVE PROSTATE CANCER?

Your physician and urologist can determine which treatment options are available to you. They may include:

- Watchful Waiting – a careful monitoring of your condition by your doctors

- External Beam Radiation Therapy
- Brachytherapy, or the use of radioactive seed implants that target your cancer
- Cryosurgery, or freezing the prostate
- Radical Prostatectomy, the surgical removal of the prostate
- Hormonal treatment

Prostatectomy can be performed using:

- Conventional Open Surgery
- Conventional Laparoscopic Surgery
- Robotic Assisted Laparoscopic Surgery with the da Vinci® Surgical System

High Tech & High Touch: The Latest Advances

In addition to our world-class prostate cancer services, Concord Hospital Center for Urologic Care has New Hampshire's first high-definition physician-assisted robotic surgical system to assist physicians in performing the most complex and delicate prostate surgeries.

WHAT IS THE DA VINCI® SURGICAL SYSTEM?

The da Vinci robot is a state-of-the-art surgical technology that enables our surgeons to perform even the most complex and delicate procedures through small incisions with exceptional precision.

Our high-definition, 4-arm daVinci System is operated by a surgeon via a remotely controlled video console in the operating room. Four robotic arms precisely replicate your surgeon's hand movements and high-definition cameras give him or her clear, magnified views of your prostate.

WHAT ARE THE BENEFITS OF SURGERY WITH THE ROBOT?

Your doctor will help you decide if surgery using the da Vinci system is a viable surgical option for your cancer.

In general, potential patient benefits of the da Vinci system include:

- Less pain and blood loss
- Fewer transfusions
- Less risk of infection and scarring
- Shorter hospital stay and recovery time
- In many cases, better clinical outcomes than conventional technologies in controlling cancer and reducing the incidence of both impotence and incontinence

WHAT SHOULD I DO NEXT?

If you meet the criteria above and haven't been screened for prostate cancer, please schedule a screening exam now by calling your primary care physician. If you've already been diagnosed with prostate cancer, talk with your doctor about the treatment options available to you.

To learn more about minimally invasive prostate surgery with the da Vinci robotic system, please visit www.davincisurgery.com

For any questions about our **Prostate & Urologic Cancer Program** at Concord Hospital, Center for Urologic Care please call (603) 224-3388 or visit www.concordhospital.org.